

Development of ultrasound tomography for breast imaging: Technical assessment

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Ultrasound imaging is widely used in medicine because of its benign characteristics and real-time capabilities. Physics theory suggests that the application of tomographic techniques may allow ultrasound imaging to reach its full potential as a diagnostic tool allowing it to compete with other tomographic modalities such as x-ray computer tomography, and MRI. This paper describes the construction and use of a prototype tomographic scanner and reports on the feasibility of implementing tomographic theory in practice and the potential of ultrasound (US) tomography in diagnostic imaging. Data were collected with the prototype by scanning two types of phantoms and a cadaveric breast. A specialized suite of algorithms was developed and utilized to construct images of reflectivity and sound speed from the phantom data. The basic results can be summarized as follows. (i) A fast, clinically relevant US tomography scanner can be built using existing technology. (ii) The spatial resolution, deduced from images of reflectivity, is 0.4 mm. The demonstrated 10 cm depth-of-field is superior to that of conventional ultrasound and the image contrast is improved through the reduction of speckle noise and overall lowering of the noise floor. (iii) Images of acoustic properties such as sound speed suggest that it is possible to measure variations in the sound speed of 5 m/s. An apparent correlation with x-ray attenuation suggests that the sound speed can be used to discriminate between various types of soft tissue. (iv) Ultrasound tomography has the potential to improve diagnostic imaging in relation to breast cancer detection. © 2005 American Association of Physicists in Medicine. [DOI: 10.1118/1.1897463]

Key words: breast cancer, ultrasound tomography, diagnostic imaging, tissue characterization

I. INTRODUCTION

Ultrasound (US) provides a safe, noninvasive, nonionizing imaging modality for a wide spectrum of medical imaging needs. It is commonly used in fetal, cardiac, orthopedic, abdominal, genitourinal, and breast imaging. Recent studies have demonstrated the effectiveness of US imaging in detecting breast cancer,¹ particularly for women with dense breasts. At the same time, other studies have raised questions about the efficacy of mammography.² However, despite these developments, US is used only as an adjunct to x-ray mammography. A major reason for ultrasound's adjunctive role is its limited imaging capabilities. Specifically, the operator de-

pendence, limited resolution and contrast, the presence of speckle noise and artifacts are key factors which have prevented US imaging from direct comparison, let alone competing with x-ray mammography, computer tomography (CT), and MRI.

Efforts to improve diagnostic accuracy of current US may be best represented by the success of the "Stavros/Colorado" criterion for mass margin evaluation.³ The 98% accuracy obtained for defining a benign mass (criteria of a well-defined, ovoid mass) was sufficient for ATL, Inc. to obtain separate Food and Drug Administration approval for characterizing benign breast masses with their high-resolution transducer in 1996.⁴ Further advances have led to compound imaging⁵

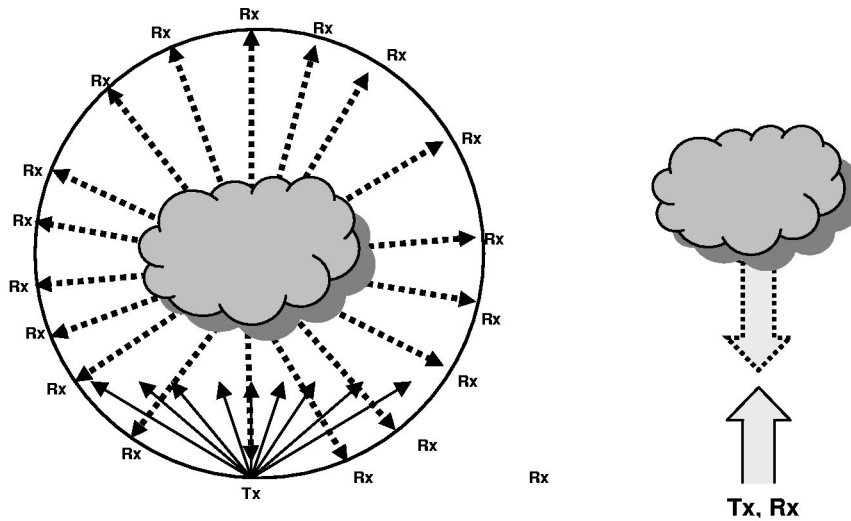


FIG. 1. Interaction of the US pulse with the target leads to a scattered field (left). In conventional B scan (right) beamforming is used to launch a narrow beam into the tissue. Only the directly backscattered US energy (echo) is collected. In a tomographic approach (left) much more of the target is insonified, resulting in a scattered field that is then sampled by the detectors surrounding the target. (Tx=transmitter; Rx=receiver). The dashed arrows represent the scattered field while the solid arrows represent the transmitted pulse (reflecting the broad beam pattern of the individual transducer elements).

(SonoCT, ATL/Phillips) that produces a single averaged image from three to nine single angled scans. This advancement has resulted in better mass margin identification by reduction, of speckle, clutter, and ultrasound artifacts.⁶

These developments suggest that a major evolutionary trend in US imaging technology is toward tomographic devices. However, none of the current multiview devices, such as SonoCT, are truly tomographic, in the sense of x-ray CT and MRI, in that they operate over a limited range of viewing angles and do not make use of the transmitted energy. True tomographic techniques have the potential to measure and interpret the scattered field, produced by the interaction of the US pulse with the tissue through which it is propagating, thereby markedly expanding US imaging potential.^{7,8} Although the computational and data acquisition requirements have been major barriers to successful implementation of US tomography, recent technological advances in computing and electronics have led to renewed optimism for the development of clinically relevant tomography-based US scanners. A number of investigators and their groups are actively developing tomography-based US scanners.⁹⁻²⁰ After the pioneering work of Greenleaf¹⁰ in tissue characterization and more recently work in US tomography by Andre *et al.*,⁹ current work is being carried out on a number of fronts and includes Johnson *et al.*¹¹ (TechniScan Inc), Marmarelis' group at US,¹² Waag's group at Rochester,¹³ and the work at the Karmanos Cancer Institute (KCI) in Detroit.¹⁴⁻²⁰

In this paper we describe the results of US tomography research at the KCI. In particular, we focus on the experimental results arising from the use of a prototype US scanner developed in conjunction with the Lawrence Livermore national Laboratory (LLNL). In Sec. II we describe the basic physical principles of US tomography. The general methods associated with the data collection and analysis are described in Sec. III. Section IV describes the imaging experiments undertaken with the prototype scanner. The clinical relevance of the results is discussed in Sec. V. A summary of the work and the future trajectory of this research is presented in Sec. VI.

II. PHYSICAL PRINCIPLES OF US TOMOGRAPHY

A. The scattered field

When an ultrasound pulse propagates through tissue, its path is governed by the variations in tissue properties. The sensitivity of the US pulse to these tissue variations leads to the formation of a complex scattered field (Fig. 1). The scattered field therefore contains information about the propagation medium, in this case, human tissue. We now discuss the theoretical principles that define the interaction of US with tissue and lead to the formation of a scattered field.

1. Reflection and refraction

When an ultrasound wave passes through an interface between two materials at an oblique angle, and the materials have different indices of refraction, it produces both reflected and refracted waves. Refraction takes place at an interface due to the different velocities of the acoustic waves within the two materials. The velocity of sound in each material is determined by the material properties (elastic modulus and density) for that material. Snell's law equates the ratio of material velocities V_1 and V_2 to the ratio of the sines of incident (ϕ_1) and refraction (ϕ_2) angles, as shown in Fig. 2. Note that in the diagram, there is a reflected longitudinal wave (V'_1) shown. This wave is reflected at the same angle (relative to normal) as the incident wave because the two waves are traveling in the same material and, therefore, have the same velocities. The strength of the reflected wave is determined by the acoustic impedances of the two media.

The *acoustic impedance* (Z) of a material is defined as the product of density (ρ) and acoustic velocity (V) of that material.

$$Z = \rho V. \quad (1)$$

In the case of normal incidence, the reflected energy is related to the change in acoustic impedance, as follows:

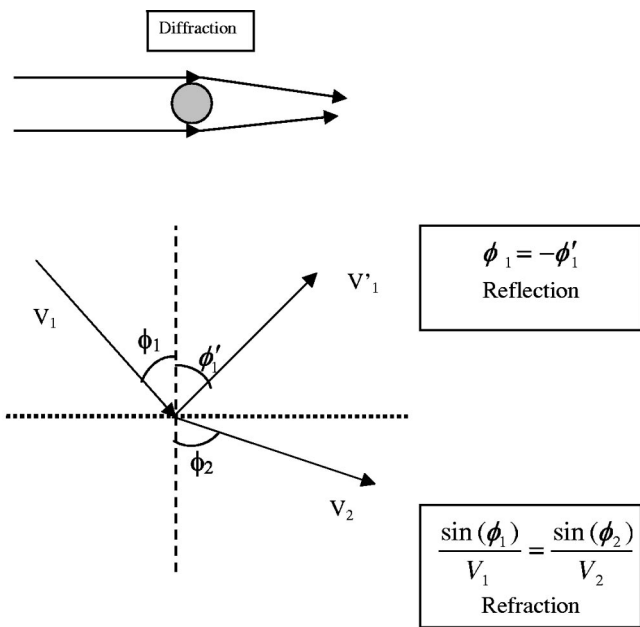


FIG. 2. Illustration of Snell's law showing reflection and refraction of an incident ray. Diffraction occurs when the wavelength of the US wave is comparable to the size of the scattering object. Reflection, refraction, and diffraction act to alter the path of the US pulse away from a straight line trajectory.

$$R = \left[\frac{Z_2 - Z_1}{Z_2 + Z_1} \right]^2 \tag{2}$$

It should be noted that the sum of the transmitted sound energy plus the reflected sound energy is a conserved quantity. In the absence of absorption, no energy is lost directly as a result of these interactions.

The reflections and refractions occur because of variations in the acoustic impedance of tissue. Consequently, when an US pulse is injected into tissue the output is not a simple transmission or backreflection of the pulse but rather an extended acoustic field, the so-called "scattered field." The scattered field contains information about the reflecting boundaries of the tissue as well as acoustic properties of the medium as described in the following.

2. Sound speed

The speed of sound within a material is a function of the properties of the material and is independent of the amplitude of the sound wave and nearly independent of the acoustic frequency. The general relationship between the speed of sound in material and its density and elastic constants is given by

$$V = \sqrt{\frac{c}{\rho}}, \tag{3}$$

where V is the speed of sound, c is the elastic constant, and ρ is the material density. Variations in sound speed contribute to the reflections and refractions discussed earlier. The transmitted component of the scattered field contains information about the velocity variations in the propagating medium.

TABLE I. Representative values of attenuation and sound speed for breast tissue.

Material	Attenuation coefficient (dB/cm)		Sound speed m/s
	1.0 MHz	2.5 MHz	
subcutaneous fat	0.89	1.71	1470
Internal fat	0.92	1.8	1470
high attenuation tumor	0.92	3.2	1549
Cyst	0.06	0.38	1569
Glandular parenchyma	1.02	2.94	1515

3. Attenuation

The combination of absorption and scattering is referred to as attenuation which is a measure of how much energy is lost from a straight path connecting two points. Tissue is characterized by an inhomogeneous distribution of sound speed and density, making an ultrasound pulse experience multiple refractions and reflections as it propagates through tissue. Furthermore, diffraction occurs when ultrasound waves interact with structures in the tissue that are comparable in size to the wavelength of the ultrasound. The combination of multiple refractions, reflections, and diffraction leads to scattering. Scattering causes ultrasound energy to be redirected in directions away from the incident direction. This energy is not lost but simply redirected. Absorption is defined as the conversion of ultrasound energy into heat during the propagation of the ultrasound pulse. In this case, ultrasound energy is lost and cannot be recovered.

Attenuation is defined mathematically as the decay rate of the US pulse amplitude as the pulse propagates through the material. The amplitude of a spatially decaying plane wave can be expressed as

$$A = A_0 e^{-\alpha(f)z} \tag{4}$$

In this expression A_0 is the amplitude of the propagating wave at a reference location. The amplitude A is the reduced amplitude after the wave has traveled a distance z from that initial location. The quantity α is the attenuation coefficient of the wave traveling in the z direction. For human tissue the bulk average attenuation coefficient is a strong function of frequency, f , and can be expressed as

$$\alpha = 0.5 \text{ dB/MHz/cm} \tag{5}$$

In practice, the attenuation coefficient varies relative to its mean value because of variations in tissue type. The scattered field contains information on the attenuation of US signals because the detected pulse amplitude can be compared with the original (transmitted) pulse amplitude and the level of attenuation inferred.

As can be seen from the above discussion, the scattered field is shaped by the propagation of US in an inhomogeneous medium that is governed by reflection, refraction, and attenuation and contains information about the variations of acoustic properties of the medium. Table I presents representative values of attenuation and sound speed for breast tissue.

In order to use measurements of the scattered field to determine the acoustic properties of the insonified volume it is necessary to solve the “inverse” problem, that is, to determine unknown *causes* based on observation of their *effects*. Within tissue the *causes* are reflection, refraction, and attenuation of US pulses and the *effects* are the spatial and time-dependent properties of the scattered field. In general, such problems cannot be solved analytically and numerical algorithms are needed to perform the inversion. Such algorithms are described in Sec. III.

B. Conventional US imaging

Conventional US is driven by the need for real-time data acquisition and display. Since computational speed is the key to real-time functionality, some of the complex physics associated with US propagation is traded off. Three of the major trade-offs involve the following simplifications.

- (1) *Modeling the propagation of US using straight-ray theory.* Straight-ray theory is only a basic approximation of the true physics of acoustic wave propagation and is only valid for purely homogeneous media.
- (2) *Assuming a two-dimensional geometry and collecting only the directly backscattered reflections.* The arrival of the reflected signals is recorded only back along the direction of the emitted pulses (i.e., only the so-called 180° reflections are recorded). In reality, the emitted pulses interact so strongly with the tissue that a “scattered field” of acoustic energy is produced (Fig. 2). Acoustic energy is distributed in all directions so that only a small fraction of the US energy comes directly back to the detectors. Consequently, the strength of the return signal is weak and it is necessary to “beam form” (focus energy in a specific direction) in order to amplify the return signal (with most of the emitted energy still lost).
- (3) *Operator dependence.* Real-time imaging can be implemented for modest volumes of tissue but requires manual translation of the device in order to image the entire volume of interest.

These trade-offs for real time imaging have compromised image quality and resulted in a loss of diagnostic information contained in the US–tissue interaction. A tomographic approach has the potential to “undo” these trade-offs leading to a marked increase in the signal-to-noise ratio while reducing artifacts and yielding higher quality images for greater clinical “sensitivity.” Furthermore, the US signals that propagate through the breast, and which are never reflected back, contain additional information. These transmitted signals can be used to calculate acoustic parameters, not contained in the reflection data, such as sound speed and attenuation, possibly leading to greater clinical “specificity.”^{9–28}

C. Implementation of US tomography

Tomographic principles have been implemented in a working US scanner. As described in the next section, an early prototype was designed and built in order to carry out phantom experiments that were aimed at:

- (i) defining an engineering solution for a human-use clinical scanner,
- (ii) developing the associated algorithms for image reconstruction,
- (iii) assessing the potential of the clinical scanner in diagnostic imaging of the breast.

Major design goals included the ability to penetrate tissue with minimal attenuation and to generate images with good spatial resolution and contrast even at the center of a highly attenuating cadaveric breast.

Although the resolution, θ of tomographic images is governed generally by the acoustic properties of the medium, the wavelength, λ , of the ultrasound, may be a limiting factor. This limitation can be estimated using the following simple considerations. In the case of reflection imaging,

$$\theta = 0.5\lambda. \quad (6)$$

The relationship between wavelength and frequency is given by

$$\lambda = \frac{V}{f}, \quad (7)$$

where V is the speed of sound in tissue and f is the ultrasound frequency. Combining Eqs. (6) and (7) yields

$$\theta = 0.5 \frac{V}{f}. \quad (8)$$

For a target resolution of 0.5 mm, inversion of Eq. (8) yields $f = 1.5$ MHz. Examination of Eq. (5) shows that this choice of frequency leads to a reduction in the attenuation coefficient of 6 dB relative to a standard B-scan device operating at 9 MHz. Therefore, the choice of 1.5 MHz is optimal for our purposes because it leads to a reduction in attenuation while maintaining high resolution. The reduction in attenuation has the added advantage of allowing the introduction of simplifying assumptions in the reconstruction algorithms. One such assumption is the use of a 2.5 D tomographic approach in which data are acquired in 2D planes which are reconstructed into 2D images and stacked to reconstruct a three-dimensional (3D) volume. This approach assumes that little scattering takes place out of the plane so that 2D algorithms can be used to produce the tomographic images. Consequently, the choice of the relatively low US frequency of 1.5 MHz enables this simpler approach and justifies avoiding the full 3D approach.

III. GENERAL METHODS

A. Experimental tomographic scanner

KCI has collaborated with Lawrence Livermore National Laboratory (LLNL) to build a proof-of-concept engineering

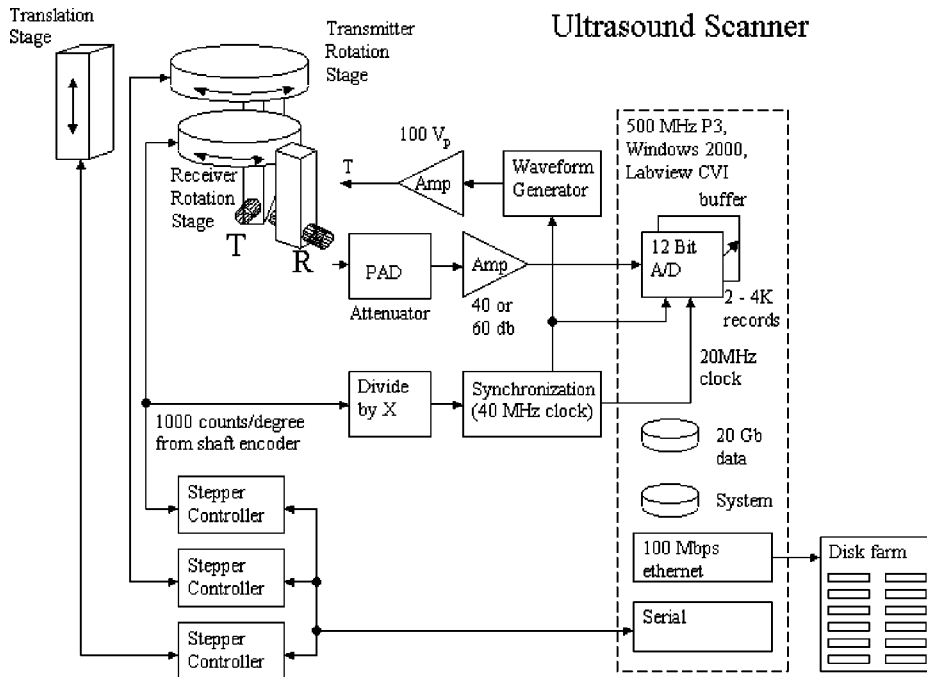


FIG. 3. Schematic of the engineering prototype scanner.

prototype to test the feasibility of building a clinically relevant device with available technology. The resulting scanner utilized an independently revolving pair of transducers to emulate a high density array of ultrasonic transducers. The transmitting and receiving elements used were commercially available products: the Ultran 230757 and Ultran 230757 transducer, respectively. The data were sampled at a frequency of 20 MHz. The active area of each transducer measured 0.38 mm × 12 mm. The transmitted signal wave form was a three-cycle sinusoidal pulse at 1.5 MHz resulting in an effective signal bandwidth of about 1 MHz. The net amplification used was 35 dB. A schematic of the scanner is shown in Fig. 3.

After successful testing and debugging, the prototype was used to carry out a series of experiments. The experimental setup is shown in Fig. 4. Two transducers are mounted on the scanner. The relative positions of the two transducers are encoded to better than 0.05 mm. For each position of the transducer, the receiver is moved around a 320° circular path of radius 15 cm, (the 40° gap was the result of mechanical limitation of the two rotation stages used in the experimental setup). The transmitter emits a pulse for each position of the receiver for up to 1600 receiver positions (position increments of 0.2°). The transmitter position is also moved along the circular path and the firing sequence repeated for each new position of the transmitter. The transmitter is moved in increments of 1° for a total of 360 positions. The overall firing sequence is illustrated in Fig. 5. The data presented here were generated by using a total of 320 receiver positions and 360 transmitter positions, for a total of over 10⁵ receive-transmit pairs. The targets were placed at the center of the ring with the long axis of the cylindrical phantom oriented vertically relative to the plane of the ring. Each data set represents a 2D slice through the target. The ring plane was

translated in the vertical direction allowing for 3D reconstructions from stacked 2D planes of data. All scans were performed at 10 mm slice thickness, as determined by the beam width of the transducers.

The data sets resulting from the above-mentioned scans were typically ~ 2Gbytes per slice in size and were stored on a raid-type disk farm (Fig. 3). The raw data sets consisted of measured pulse trains, processed to determine the frequency spectrum and arrival time for each pulse. The arrival times were used to construct reflection and sound speed images while the pulse spectrum data were used to determine the attenuation.

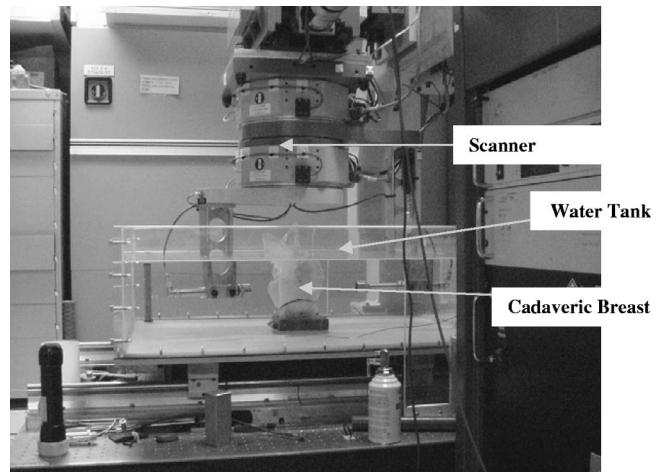


FIG. 4. The experimental setup of the Karmanos scanner is shown with the cadaveric breast immersed in the water tank. The scanning process is shown in Fig. 5.

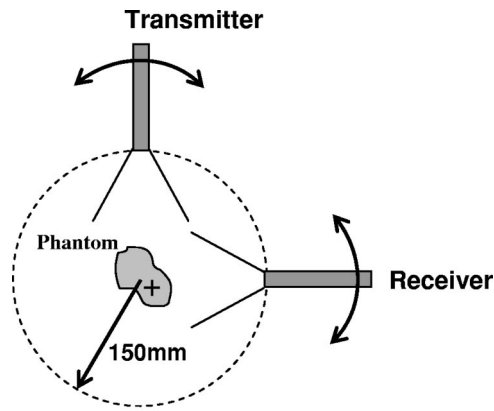
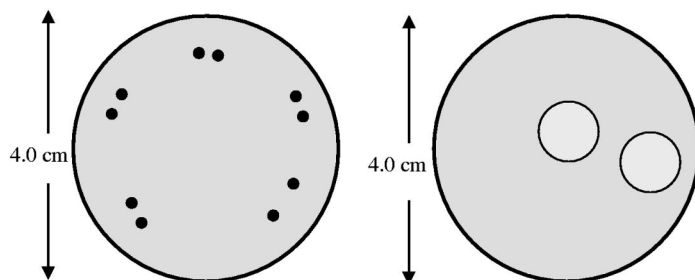


FIG. 5. The scanning process. The receiver revolves along a circular perimeter recording signals at up to 1600 positions for each position of the transducers.

B. The phantoms

Experiments were designed to image progressively more complex targets in order to test the basic capabilities of the scanner. Two basic phantoms were used to ascertain punctate resolution and mass margins (i.e. microcalcifications and cysts). Each is a cylindrically shaped phantom 40 mm in diameter by ~ 150 mm in height and filled with Agar, *N*-propanol, and H_2O proportioned to attain an internal sound speed of ~ 1.54 mm/ μ s. The phantoms are housed within a Latex casing. The “microcalcification” phantom has five pairs of nylon wires (0.2 mm diameter) running the length of the phantom with pair spacings from 2 to 5 mm. The pairs form a pentagon whose vertices are ~ 12.5 mm from the center of the phantom. A cross-sectional slice of this phantom represents “microcalcifications” of diameter 0.2 mm (Fig. 6). The “cyst” phantom has two inclusions (10-mm-diam Latex tubes) running the length of the phantom and filled with a water/alcohol mixture having a lower sound speed relative to the surrounding medium. The inclusions in the cyst phantom mimic the slower sound speed in fluid filled cysts in a low contrast setting. Furthermore, naturally occurring deformations in the inclusions helped mimic invagination and exophytic features. A cross-sectional slice of the cyst phantom represents a pair of “cysts” each having a diameter of 1 cm (Fig. 6). A third target used in this study



is a normal cadaveric human breast (Fig. 6) placed in formalin and sealed in a 100-mm-diam, cylindrical container with fiducial nylon wires running the length of the outside of the container at four locations (quadrants). The purpose of this phantom is to test the ability of the scanner to image the complex, highly scattering medium of the breast.

The two phantoms and cadaveric breast specimen were scanned by the prototype at a frequency of 1.5 MHz, a clinical reflection ultrasound unit (GE Logiq 600, using a broadband 6–11 MHz linear transducer array) and a clinical CT scanner (GE Lightspeed Quad detector array). All scans were performed at 10 mm slice thickness to generate multiple tomographic images per phantom. Each slice required a 2-h scan time to emulate a fully populated array within the prototype. The x-ray CT scans were performed at 1.25 mm slice thickness. The phantoms were placed in the water tank with their long axes oriented vertically, such that the scanning process produced cross sectional slices at one or more levels through the test object.

C. Image reconstruction

Generally, a tomographic reconstruction is always based on a method that “blurs” over space some characteristic property of the medium that is responsible for the overall “integral” effect. For example, an increase in the propagation time of a sound wave that is caused by a variation of the sound speed in the medium can be approximated by assuming a distribution of unit cells of a finite size where the sound speed is assumed constant within a cell. The way this is done and the manner in which the reconstructions are implemented into practical algorithms are now described.

The reconstruction algorithms are grouped into two basic types, according to whether they use the recorded back-scattered field or the forward-scattered field to construct the images. The former are referred to as *reflection algorithms* while the latter are termed *transmission algorithms*. The relevant geometries are shown schematically in Fig. 7. Early results from these algorithms have been described.^{14–20}

1. Reflection algorithms

The scattered field contains information about the reflecting boundaries located within the insonified volume. The



FIG. 6. Cross sections of the microcalcification phantom (a) and the cyst phantom (b). The cadaveric breast is shown in (c).

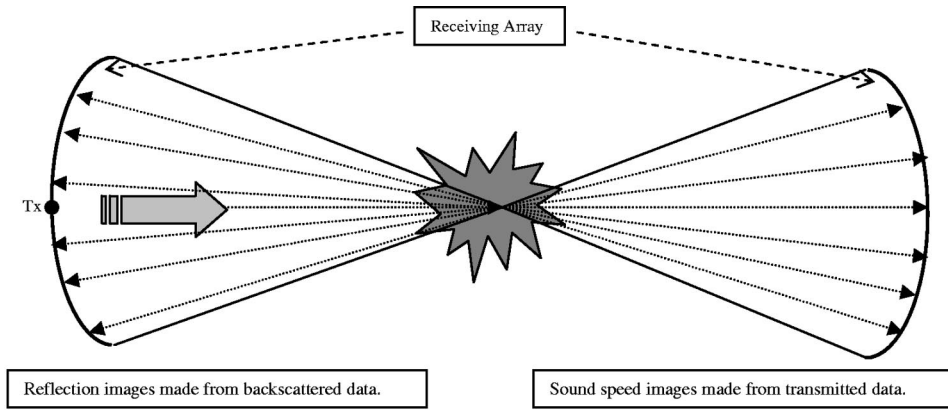


FIG. 7. The geometries that define the reflected and transmitted data. Movement of the receive and transmit transducers creates effective arrays, as shown. Although the engineering prototype can synthesize a full-circular aperture any portion of the aperture can be used for image reconstruction.

reflective boundaries are defined by changes in acoustic impedance in the propagating material. We have developed algorithms that analyze the scattered field and determine the locations of the reflective boundaries. The output of such algorithms is a 2D image of the reflective surfaces. The results shown here are based on a class of algorithms known as migration algorithms. They are based on a fundamental principle that was first formulated by Claerbout²⁹ as “reflectors exist at points [in the medium] where the first arrival of the downgoing wave is time-coincident with the upgoing wave.”

For practical realization of this method it is important to correctly determine the propagation times of (i) the transmitted acoustic wave that travels from a sound transducer to some reflecting boundary within the investigated medium and (ii) the reflected wave generated at this boundary that travels to the sound receiver. The most important parameter

of the medium that has to be known in order to complete the migration transformation is the speed of the ultrasound pulse. In the case of a sound wave propagating through the breast tissue all the variations of the sound speed are relatively small and the average speed of migration can be safely assumed constant. This assumption also allows us to stay within the “straight ray” approximation meaning that all the refraction effects are generally small and can be neglected. The spatial resolution of this reconstruction is generally governed by the wavelength of the ultrasound and can be estimated based on the simple considerations described in Sec. II C.

In our experimental setup, measurements of the received pulse train exist for a fixed set of angles for all positions of the sound transmitter (all views). In principle, this fixed set of angles could correspond to the entire circular aperture

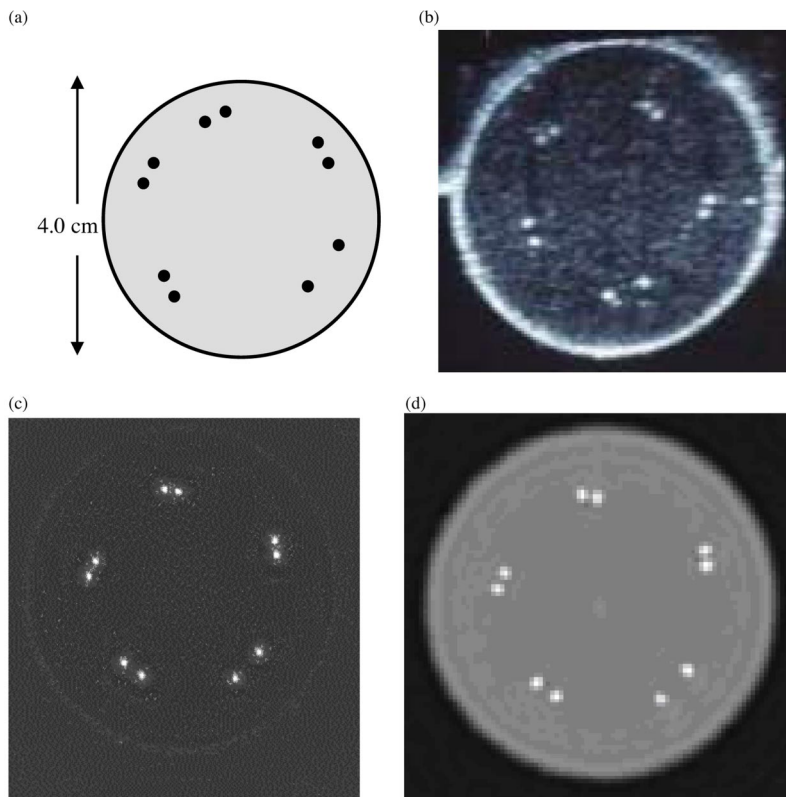


FIG. 8. Microcalcification phantom: (a) A schematic representation of the phantom in cross section. The labeled arrows refer to the separations of the pairs of wires. Each wire has a radius of 0.2 mm. (b) A B-scan image using the GE Logiq 600. The spatial resolution is approximately 1 mm. Speckle noise and shadowing are present in the image. (c) Reflection image from the prototype scanner, showing elimination of speckle and a marked reduction in the noise level. The image is characterized by a spatial resolution of 0.4 mm. Image was reconstructed as described in Sec. III C 1. (d) A sound speed image from the prototype scanner. The spatial resolution is approximately 1 mm. Some artifacts are evident near the periphery of the cylinder and at the center. Image was reconstructed as described in Sec. III C 1.

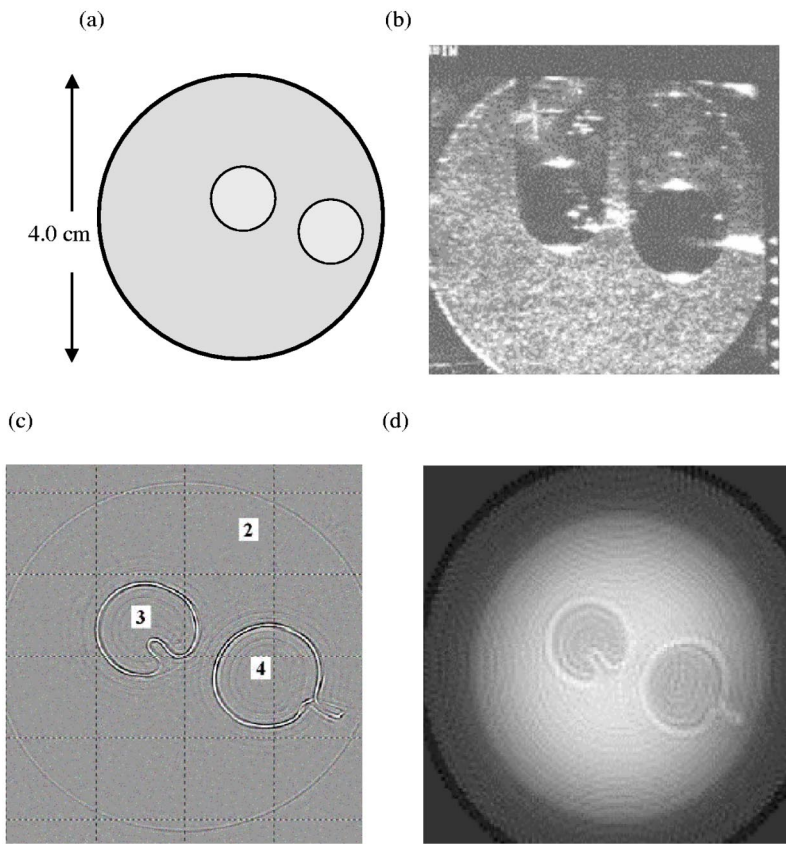


FIG. 9. The cyst phantom: (a) Cross-sectional schematic of the cyst phantom. The 1-cm-diam cysts are enclosed in a 4-cm-diam cylinder. (b) B-scan image made with the GE Logiq 600. The cysts are identified by the anechoic regions. The speckle noise is evident as are glint and shadowing artifacts. (c) Reflection image from the prototype scanner showing well-defined cyst margins with folds and dimples of the cyst clearly delineated. These features are not seen in the B-scan image. There is no evidence of speckle but there are faint artifacts associated with the pulse ringing. Image was reconstructed as described in Sec. III C 1. (d) Prototype sound speed image (courtesy Techniscan Inc.) also shows well-defined cyst margins and good differentiation of the water, cylinder, and cyst interiors.

(i.e., 360°). In practice, a narrower range of angles (typically 40°) was used in order to speed up the reconstruction process. Each of the recorded pulse trains allows one to construct a position on the reflecting boundary. By using a large number of pulse train measurements we are able to improve on the accuracy of locating and defining the reflecting boundary and its diffracting properties, relative to conventional ultrasound, leading to high-resolution high-dynamic range reflection images.

2. Transmission algorithms

This class of algorithms is based on the same physical principles as conventional computer tomography (CT) but adopted specifically for ultrasound implementation. The main difficulty in implementation of the ultrasound tomography is that in this case the data set is almost always incomplete and standard methods used in CT (like the inverse Radon transformation for example) cannot be directly applied.

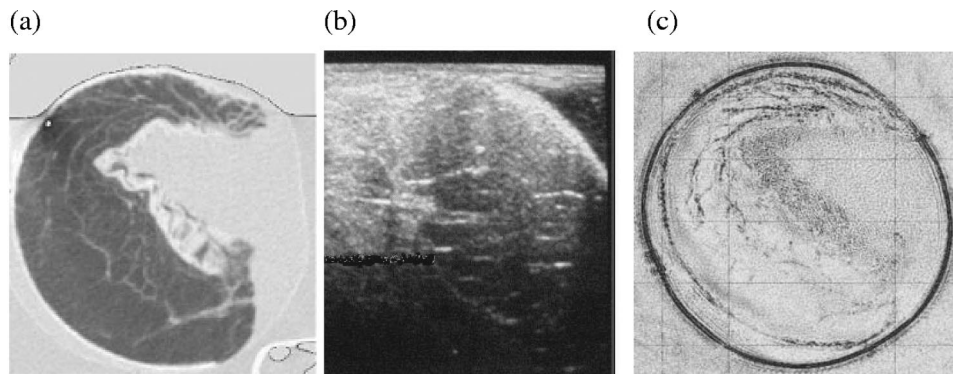


FIG. 10. The cadaveric breast. (a) An x-ray CT image showing fatty replacement and underlying fibrous architecture. (b) A single view B scan shows only some fibrous structure along directions perpendicular to the insonifying beam (the beam illuminates the tissue downward from the top of the image). The speckle noise is evident as is the strong attenuation gradient. (c) The prototype-generated image is a superposition of reflection (showing the fibrous structure) and sound speed (showing the underlying tissue and fluid) data. The resolution can only be estimated because of the absence of known structures. Analysis of the tissue fibers suggest that the resolution is <1 mm and sound speed variations of 5 m/s are discernible.

Instead, to reconstruct the acoustic properties of the medium (and more importantly the spatial distribution of the acoustic properties) more complex and computationally intense methods have to be utilized.

The basic idea of the ultrasound tomographic transformation can be formulated as follows. Let us assume that we have N transmitter/receiver pairs (and correspondingly the same number of rays that cross the investigated media). Generally, the reconstruction is done using a rectangular grid and within each of the unit cells we assume the sound speed/attenuation to be constant. Let the total number of unit cells be equal to M .

The sound travel time along the ray i is $T_i = \sum_{j=1}^M l_{i,j} b_j$, where $l_{i,j}$ is the length of this ray's path inside the cell j (if the ray does not cross this cell this value is zero) and b_j is the reverse sound speed in this cell. This means that the distribution of sound speed can be reconstructed by solving the system of N equations $\{T_i = \sum_{j=1}^M l_{i,j} b_j\}$. In practice the solution of this system of equations is difficult to obtain since the values of T_i are large and $l_{i,j}$ are small. For this we introduce an initial model $\{b_j^0\}$. For this model we have $\{T_i^0 = \sum_{j=1}^M l_{i,j} b_j^0\}$. By subtracting the second system from the first one, we arrive at $\{T_i - T_i^0 = \sum_{j=1}^M l_{i,j} (b_j - b_j^0)\}$, or $\{\Delta T_i = \sum_{j=1}^M l_{i,j} \Delta b_j\}$. It is not uncommon that the number of equations in this system exceeds the number of unknowns. For this reason the solution has to be found in the "least squares sense" taking special care to ensure the stability of the solution.

Since the actual value of N is generally very large (around 250 000 or even larger) only the rays that actually cross the investigated object have to be used in the tomographic reconstruction. In addition, the implication of some additional selection rules, for example selecting the cells inside the object that have been crossed by the rays no less than a certain number of times, allows the algorithm to operate with a significantly reduced system of equations (10 000–30 000) without any noticeable degradation of the resultant reconstructed image.

The above-noted method can be used to solve the inverse problem of using the transmission data to characterize the insonified volume. More specifically, it can be used to transform measurements of arrival times and amplitude into sound speed and attenuation values at each pixel location. As described earlier, attenuation is frequency dependent [Eq. (5)]. Therefore, the amount of attenuation can be estimated from the amount of shift in the central frequency of the received pulse arising from the preferential attenuation of the higher frequency components of the pulse.

TABLE II. Breast tissue.

	Background	Interior	Resolution (mm)	Accuracy
Reflection			0.5	0.1%
Sound speed	1485 ± 5 m/s	1425 ± 5 to 1475 ± 5 m/s	0.4	0.3%

IV. RESULTS

Images were reconstructed using the above-described reflection and transmission algorithms. Images of reflectivity and sound speed are shown in Figs. 8–10 for the three phantoms scanned in this study. Attenuation imaging is still in progress and will be described in a future paper. The image quality for the various phantoms is summarized in the performance matrix to follow. The terms in the matrix are described as follows.

Background: All phantoms were immersed in water. This water is referred to as the background.

Interior: The interior of each phantom is made of agar, a material whose sound speed mimics that of breast tissue. Its typical value is 1540 m/s though there are unknown variations from phantom to phantom. The number entered in this column is the measured sound speed for the interior.

Microcalcifications: The microcalcification phantom contains 0.2-mm-diam threads aligned vertically along the axis of the agar cylinder. In cross section these threads appear as circular inclusions, well suited for measuring the resolution. However, their small size prevents accurate sound speed measurements in their vicinity. The diffraction of the ultrasound waves around these wires results in higher sound speeds near the wire. However, these sound speeds are not representative of the wire material itself.

Cysts: The small imbedded cylinders contain a water-alcohol mixture with a sound speed lower than that of the surrounding agar. These cylinders are meant to mimic water-filled cysts and they test the algorithm's ability to measure sound speeds in a low-contrast setting. The values entered in this column are the average sound speeds in the interiors of these "cysts."

Resolution: The ability to measure fine structure in an image. The resolution was estimated by examining the images of the microcalcification and cyst phantoms. Knowing the size of the objects embedded in the phantoms has allowed us to estimate the resolution of the prototype. In the case of the microcalcification phantom this was done by

TABLE III. Cyst phantom.

	Background	Interior	Cysts	Resolution (mm)	Accuracy
Reflection				0.4	0.1%
Sound speed	1485 ± 3 m/s	1535 ± 5 m/s	1510 ± 3 m/s	1.0	0.3%

TABLE IV. Microcalcification phantom.

	Background	Interior	Points	Resolution (mm)	Accuracy
Reflection				0.3	0.1%
Sound speed	1485±3 m/s	1545±5 m/s	1610±5 m/s	1.0	0.3%

comparing the apparent diameters of the wires with the known values. In case of the cyst phantom it was done by measuring the thicknesses of the cysts walls. In both cases, the following formula was used:

$$D_{\text{apparent}} = \sqrt{D_{\text{true}}^2 + D_{\text{PSF}}^2}$$

to solve for the diameter of the point spread function (D_{PSF}), where the profiles were assumed to be Gaussian.

Accuracy: The ability to differentiate variations in sound speed as a function of location within the breast is an important aspect of tissue characterization. Figures in this column refer to the minimum percentage variations that can be unambiguously discerned relative to water. In the case of reflection the accuracy refers to the lowest amplitude pulse that is discernible on reflection, relative to the strongest emitted pulse. The lower the number the better (see Tables II–IV).

V. DISCUSSION

The engineering prototype was used to gain insight into the feasibility of implementing a clinical scanner. A key step in that process is the analysis of the data acquired with the engineering prototype. The most relevant data set used in this study was from the scans of the cadaveric breast. Images based on the acoustic properties of reflectivity and sound speed can be compared with images made from x-ray CT scans. The latter were used to establish a baseline reference (the “truth”) in order to help gauge the imaging quality of the US reconstructions.

Figure 11 shows a US reflection image of the cadaveric breast at 1.5 MHz and an x-ray CT image, for comparison. The cadaveric breast specimen shows predominantly fatty tissue with thin but prominent internal fibrous bands. The US image shows the overall specimen configuration with excellent morphologic comparison to the CT scan. There is also no loss of signal or resolution seen in the near or far field.

Despite the low frequency of the US tomography image, the fine architectural detail of internal fibrous bands is similar to that in the CT image. The correlation between reflectivity of the fibrous bands and their x-ray attenuation suggests that US reflectivity may correlate with x-ray absorption (which is proportional to tissue density). This is not too surprising since, according to Eq. (2), the reflectivity is related to changes in acoustic impedance, which in turn are related to changes in tissue density.

The reflection data provide high-resolution images of reflective boundaries but relatively little quantitative information. As noted earlier quantitative information can be added through the calculation of acoustic properties such as sound speed. Figure 12 shows the reflection image with the sound speed information superimposed. The resulting image can be thought of as a reconstruction that utilizes both the reflected and transmitted components of the scattered US field. The most interesting aspect of the combined image is the ability to differentiate various tissue types. The labels in Fig. 12 identify four distinctly different regions. On the basis of their x-ray morphology and attenuation properties these have been qualitatively identified as fibrous structure, fatty tissue, formalin fluid and high density tissue. The fibrous bands, evident in the x-ray image as filamentary structures, are also evident in the US image. The fibrous structure seen in the US image is revealed best by the acoustic property of reflectivity as evidenced by its presence in the reflection image (Fig. 11). The fatty tissue is characterized in the CT images by regions of smooth, low-x-ray-absorption (low density) regions of tissue. In the US image this same region is characterized by a smooth distribution of slowly varying sound speed. In both cases, the fatty tissue appears as an underlying substrate within which the fibrous bands are embedded. The region labeled in Fig. 12 as high-density tissue refers to the strips of fibrous tissue that have apparently high absorption to x rays.

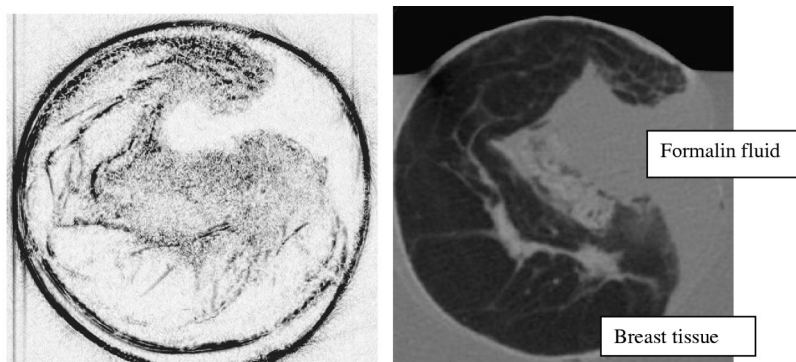


FIG. 11. Reflection image of cadaveric breast (left). The corresponding x-ray CT image is shown on the right. The cadaveric breast is oriented vertically (out of the page) in a cylindrical container so that the above represents a cross-sectional view.

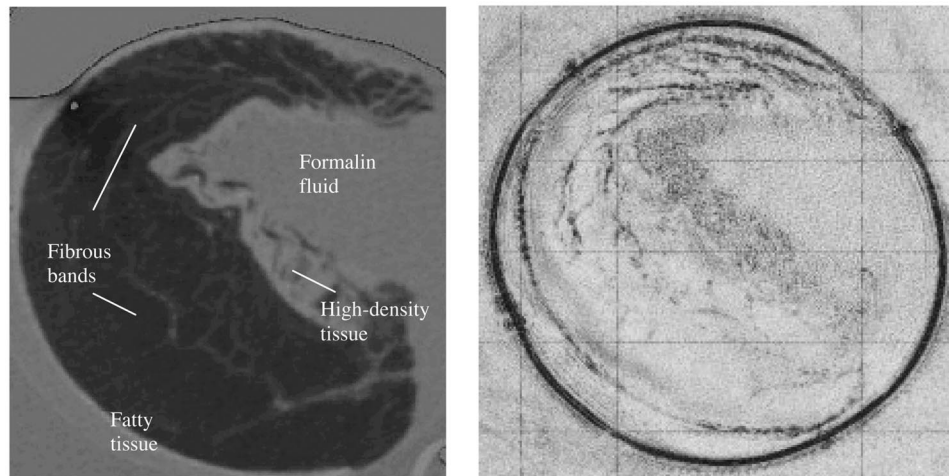


FIG. 12. Example of possible data fusion and parameter correlations. The figure on the left is an x-ray scan of the cadaveric breast used in our previous study. The slice is from a different location compared to the one shown in the earlier figure. The image on the right is an overlay of US reflectivity on sound speed (gray scale coded: lowest sound speed=white; highest sound speed is black). The cadaveric breast shows well-defined variations in the sound speed, ranging from 1425 to over 1500 m/s. This range of sound speed is consistent with known variations in sound speed for the breast. The lower range represents fatty tissue while the higher range represents fibrous tissue. Inspection of the figure shows that the fibrous bands are embedded within tissue that has sound speed lower than water, compatible with the fatty breast seen on the x-ray CT image. Sound speeds in the formalin medium range from 1450 to 1475 m/s, below that of water. Some enhancement of the sound speed in regions where the fibrous bands are concentrated is also evident. Such an enhancement is expected since fibrous tissue and ductal tissues have sound speed higher than fat.

Although we do not have the histological study to determine its nature, we do note that it has high sound speed relative to the rest of the breast. In fact, it has the highest sound speed values of the four regions identified in Fig. 12. In the case of the fourth region, the formalin fluid, it is identified in the x-ray image as a smooth, feature-free region having x-ray absorption levels intermediate to those of the fatty tissue and high-density tissue. Interestingly, in the US image, the formalin liquid has a sound speed intermediate between the fatty tissue and high-density tissue.

Comparison of the US image with the “truth image” suggests that it is possible to identify four distinct regions on the basis of acoustic properties alone. The regions and the acoustic property by which they are identified are listed as follows:

(i)	Fibrous bands:	reflectivity,
(ii)	Fatty tissue:	sound speed: 1425 m/s,
(iii)	Dense tissue:	sound speed: 1525 m/s,
(iv)	Formalin fluid:	sound speed: 1475 m/s.

These results suggest that US tomography has the potential to characterize tissue in addition to providing high resolution morphological information. The potential for clinically relevant tissue characterization and the promise of identifying cancer on the basis of acoustic properties will be explored in a future paper.

VI. CONCLUSIONS AND FUTURE WORK

A prototype US tomographic scanner was built for the purpose of utilizing tomographic techniques in support of developing improved US diagnostic imaging. Using a pair of transducers on independent rotation stages the scanner simulated a ring of up to 360 transmit transducers and up to 1600

receivers. The prototype was used to scan a variety of phantoms and cadaveric tissue. Images of acoustic properties were successfully constructed from the scanned data. The phantom studies demonstrate the following capabilities

- (a) The spatial resolution, deduced from images of reflectivity, is 0.4 mm. The demonstrated 10 cm depth-of-field is superior to that of conventional ultrasound and the image contrast is improved through the reduction of speckle noise and overall lowering of the noise floor.
- (b) Images of acoustic properties such as sound speed suggest that it is possible to measure variations in the sound speed of 5 m/s. An apparent correlation with x-ray attenuation suggests that the sound speed can be used to discriminate between various types of tissue.
- (c) A fast, clinically relevant US tomography scanner can be built using existing technology.
- (d) Ultrasound tomography has the potential for improved diagnostic imaging in relation to breast cancer detection.

Although this early prototype was too slow to be used in clinical studies it did demonstrate a level of imaging capability that would be competitive with existing imaging modalities if implemented in a clinical scanner. The next step is to translate this imaging capability into a faster, clinically relevant device. To that end we are developing a clinical prototype capable of *in vivo* human imaging. The clinical prototype and the associated clinical studies are the subject of a future paper.

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