# Breast Imaging with Ultrasound Tomography: Clinical Results at the Karmanos Cancer Institute

Neb Duric<sup>1</sup>, Cuiping Li<sup>1</sup>, Carri Glide-Hurst<sup>1</sup>, Peter Littrup<sup>1</sup>, Lianjie Huang<sup>2</sup>, Jessica Lupinacci<sup>1</sup>, Steven Schmidt<sup>1</sup>, Olsi Rama<sup>1</sup>, Lisa Bey-Knight<sup>1</sup> and Yang Xu<sup>1</sup>.

<sup>1</sup>Karmanos Cancer Institute, Wayne State University, 4100 John R. Street, Detroit, MI 48201, USA

<sup>2</sup>Mail Stop D443, Los Alamos National Laboratory, Los Alamos, NM 87545, USA duric@karmanos.org

#### Abstract

We report and discuss clinical breast imaging results obtained with operator independent ultrasound tomography. A series of in-vivo experiments were carried out using a recently upgraded clinical prototype based on the principles of ultrasound tomography. The in-vivo performance of the prototype was assessed by imaging patients at the Karmanos Cancer Institute. Our techniques successfully demonstrated in-vivo tomographic imaging of breast architecture in both reflection and transmission imaging modes. Masses as small as 6 mm in size were detected. These initial results indicate that operatorindependent whole-breast imaging and the detection of cancerous breast masses are feasible using ultrasound tomography techniques. This approach has the potential to provide a low cost, non-invasive, and nonionizing means of evaluating breast masses. Future work will concentrate on extending these results to larger trials.

# 1. Introduction

Although X-ray mammography is the gold standard for breast imaging [1], its limitations result in a high rate of biopsies of benign lesions and a significant false negative rate for women with dense breasts [2]. Numerous ongoing studies are investigating alternative approaches including the large ACRIN study [3-5] aimed at evaluating the role of ultrasound in breast cancer screening. Ultrasound imaging has the advantage of being more comfortable than mammography (little or no compression) and also safer

because it does not use ionizing radiation. Unlike mammography, however, conventional ultrasound has the drawback of being operator dependent. In an ongoing study at the Karmanos Cancer Institute, we are investigating the performance of an operator independent whole-breast ultrasound imaging system in a clinical setting. The purpose of this paper is to describe the study and to present and discuss breast imaging results.



Figure 1. Experimental setup (left) and closeup of ultrasound ring transducer.

## 2. Methods

We have constructed and recently upgraded a clinical breast imaging prototype (Fig. 1) based on the principles of ultrasound tomography [6-12]. Patients lie face-down on a canvas bed such that the breast being imaged is suspended in a water bath (imaging tank) that is situated below the table surface. The breast is surrounded by a ring-shaped transducer that contains 256 equally spaced ultrasound elements. The elements are individually addressable and can be electronically switched between receive and transmit modes. Elements are sequentially fired to emit unfocused sound waves via a fan-shaped beam, and



signals are subsequently received on all 256 receivers. Each element has its own data acquisition channel so that the entire firing sequence can be achieved in about 0.3 seconds. The transducer is attached to a motorized gantry so that it can be translated in the vertical direction relative to the suspended breast. For a typical patient exam, the starting position of the transducer is at the patient's chest wall. The transducer is then translated downward, in incremental steps, to cover the entire breast. Data are collected at each step and correspond to a cross-sectional plane of the breast. The data acquisition procedure is illustrated in Fig. 2. Typically, 45 to 75 transducer positions are used.

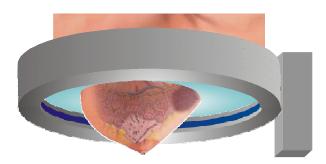


Figure 2. The ring transducer surrounds the breast. Both are immersed in water. The initial position of the transducer is at the chest wall. The transducer is then translated in incremental steps, to cover the entire breast. Data are collected at each step.

The in-vivo performance of the prototype is being assessed by imaging patients at the Karmanos Cancer Institute's Alexander J. Walt Comprehensive Breast Center. Patients are recruited on the basis of having suspicious masses on mammography and are subsequently examined with the prototype.

### 3. 3-D volumetric imaging

The data acquired at each position of the transducer are used to construct cross-sectional images (tomograms) of the breast. A sample sequence of such ultrasound tomograms is shown in Fig. 3. Since the transducer position is encoded, the tomograms are automatically calibrated and, therefore, can be stacked together to represent a 3-D volume. The resulting image stacks can then be used to render volumetric images of the breast. An example of a volume rendering is shown in Fig. 4. The ability to render 3-D images is a direct result of the operator-independent nature of the breast exam.

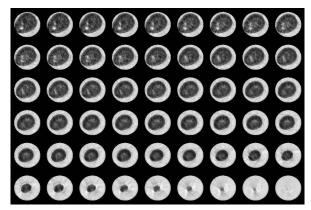


Figure 3. Reconstructions from data taken at 54 positions of the transducer. From top left to bottom right, tomograms represent cross sections of the breast starting near the chest well and ending below the nipple. The outer white areas of the circular regions represent the water in which the breast is immersed. The darker regions represent breast tissue while the light regions inside the breast are masses and other dense breast tissues.

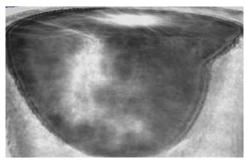
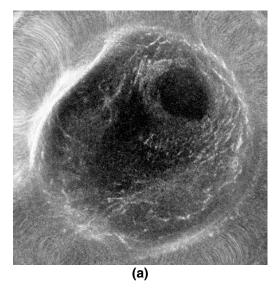


Figure 4. Volume rendering from a stack of ultrasound tomograms. This cut-away view shows a cross-section of the breast near the chest wall (top of image) and a vertical cut through the remainder of the breast.

### 4. Multi-modal imaging

A consequence of using a ring geometry that surrounds the breast is that it is possible to do both reflection and transmission imaging. The reflection imaging is analogous to standard B-mode ultrasound imaging in that reflecting surfaces of internal breast tissue are imaged, as shown in Fig. 5a. The transmission imaging offers the possibility of imaging other tissue parameters such as sound speed and

attenuation. An example of a transmission image is shown in Fig. 5b.



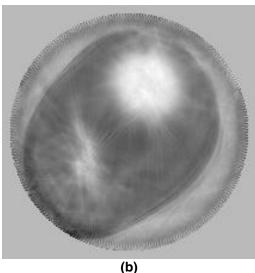


Figure 5. Examples of (a) reflection (top) and (b) transmission images (bottom) showing cross sectional images of the breast and a large cancer at the 1:00 o'clock position.

# 5. Fusion imaging and characterization

Reconstructions based on reflection and transmission imaging were used to generate images of reflection, sound speed and attenuation for every patient in the study, so that a volumetric assessment of each parameter could be undertaken. The motivation for this approach is to determine whether the measurement of multiple parameters can be used to characterize breast tissue [13] and thereby improve the

specificity and sensitivity of the exam relative to standard US and mammography, each of which is based on single parameter imaging. An example of multi-parameter imaging is shown in Fig. 6.

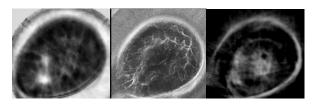


Figure 6. Examples of reflection and transmission images. Left: Sound speed image. Middle: Reflection image. Right: Attenuation image.

Visual characterization of tissue can be implemented through the process of image fusion. In our approach we have used the primary RGB colors to represent each of the three parameters of reflection, sound speed and attenuation respectively, for the data shown in Fig. 6. A false color image, obtained by fusing the three images together, results in an image that represents all three parameters. A visual representation of such characterization is shown in Fig. 7.

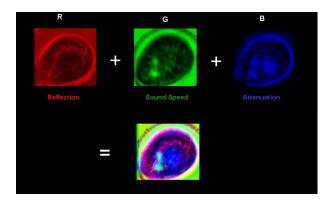


Figure 7: Top: Reflection (red), sound speed (green) and attenuation (blue) images. Bottom: Fusion image obtained by fusing the above images.

Another two examples of multi-parameter imaging and image fusion are shown in Figs. 8 and 9. An examination of the images shown in those figures reveals 4 components of breast tissue. The underlying fatty tissue presents itself as regions of low sound speed (dark) and low attenuation (dark). The denser glandular tissue has a higher sound speed and appears

lighter. Similarly, the higher attenuation levels indicate a lighter appearance in the attenuation images. Both types of images highlight the denser tissue. On the other hand, the reflection images trace the reflecting interfaces associated with fibrous stroma of the breast. All three images are sensitive to the presence of masses which show up as regions of high sound speed and high attenuation. Their appearance in the reflection images is usually manifested as a combination of local changes in echotexture and/or a distortion of the fibrous stroma, often referred to as architectural distortion. An examination of the fusion images in Figs 8 and 9 shows that the components of the breast can be segregated by color such that the fatty regions present dark shades of red, glandular tissue is bluish and stromal structure is bright red. The masses tend to show up as evan in color because of the contributions of sound speed and attenuation.

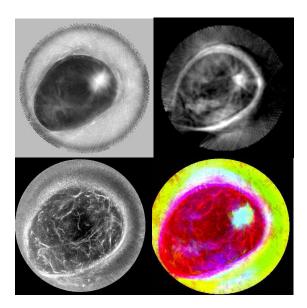


Figure 8: Cancer mass shows up as a high sound speed (top left), high attenuation (top right) region at the 2 o'clock position. Reflection image (bottom) reveals some disruption of fibrous stroma. The fusion image (bottom right) combines these observations.

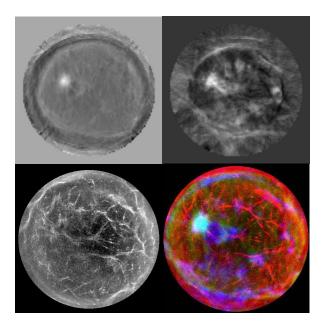


Figure 9. Cancer mass shows up as a high sound speed (top left), high attenuation (top right) region at the 10 o'clock position. Reflection image (bottom) reveals a corresponding change in echotexture. The fusion image (bottom right) combines these observations.

#### 6. Conclusions

Analysis of clinical breast images reconstructed from simultaneous acquisitions of reflection and transmission data are presented for the first time. These results indicate that operator-independent whole-breast imaging and the detection of cancerous breast masses are feasible using ultrasound tomography techniques. Our techniques successfully demonstrated tomographic imaging of breast architecture using reflection and transmission imaging modes. The ability to image the entire volume of the breast is also demonstrated. Reflection, sound speed, and attenuation imaging of breast masses are demonstrated *in vivo*. Future studies will focus on quantifying the sensitivity and specificity of our approach relative to conventional ultrasound and mammography.

#### 8. References

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