

**Kaitlyn A. Kaiser**

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**EDUCATION**

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- University of Rochester**, Rochester, New York 2024 - present  
*Ph.D. student in Clinical Psychology*  
 Advisors: Drs. David Dodell-Feder and Steven Silverstein
- Southern Methodist University**, Dallas, Texas 2012 – 2016  
*B.A. in Psychology and Anthropology*  
*with Honors and Departmental Distinction in Psychology*  
 Undergraduate thesis advisor: Dr. Andrea Meltzer

**PUBLICATIONS**

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- Lench, H. C., Reed, N. T., George, T., **Kaiser, K. A.**, & North, S. (2023) Anger has benefits for overcoming obstacles to attain goals. *Journal of Personality and Social Psychology: Attitudes and Social Cognition*.
- Kaiser, K. A.**, Lench, H. C., Levine, L. J. (2022). Medical residency match applicants undervalue factors that predict stress and burnout. *Medical Education Online*.
- Bench, S. W., Lench, H. C., Wan, Y., **Kaiser, K. A.**, & Perez, K. (2022). Boredom and the lost self: Implications of trait boredom for morality. In A. Elpidorou (Ed.), *Boredom as a Moral Emotion*.
- Lench, H. C., Levine, L. J., Dang, V., **Kaiser, K. A.**, Carpenter, Z. K., Carlson, S. J., Flynn, E., Perez, K. A., & Winckler, B. (2021). Optimistic expectations have benefits for effort and emotion with little cost. *Emotion*.

**MANUSCRIPTS IN PREPARATION**

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- Kaitlyn K. A.**, Thompson, J. L., Butler, P. D., Ahmed, A. O., Seitz, A. R., Sobeih, T., & Silverstein, S. M. Effects of visual remediation on Ebbinghaus illusion task performance in people with schizophrenia: A preliminary study. [*submitted for publication*]

**CONFERENCE PRESENTATIONS**

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\*Indicates presenter

- Kaitlyn K. A.\***, Thompson, J. L., Butler, P. D., Bergson, Z., Bell J., Ahmed, A. O., Seitz, A. R., Sobeih, T., & Silverstein, S. M. (October 2024) *High anticholinergic burden is associated with illusion resistance and reduced visual remediation treatment effects in schizophrenia*. [Poster presentation] Society for Research in Psychopathology (SRP) Annual Conference, Montreal, Canada.
- Kaiser, K. A.\***, Atlas, J., McDonald, T., Thompson, J. L., Ramchandran, R. S., & Silverstein, S. M. (July 2024) *Mood and psychotic disorder patients show differences in retinal correlates of cognitive functioning*. [Poster presentation] Consortium for Vision and Oculomics in Psychiatry (CVOP) Annual Meeting, Rochester, NY.
- Kaiser, K. A.**, Atlas, J., McDonald, T.\*, Thompson, J. L., Ramchandran, R. S., & Silverstein, S. M. (September 2023) *Mood and psychotic disorders are associated with anomalous perceptual experiences and retinal anatomy*. [Poster presentation] Society for Research in Psychopathology (SRP) Annual Meeting, St. Louis, MO.

**Kaiser, K. A.\***, Butler, P. D., Ahmed, A. O., Seitz, A. R., Thompson, J. L., Sobeih, T., & Silverstein, S. M. (May 2023) *Effects of visual remediation on sensitivity to the Ebbinghaus illusion in people with schizophrenia*. [Poster presentation] Schizophrenia International Research Society (SIRS) Annual Conference, Toronto, Canada.

Lench, H. C.\*, Reed, N. T., George, T., **Kaiser, K. A.**, & North, S. (March 2023). *Anger has benefits for overcoming obstacles to attain goals*. [Poster presentation] International Convention for Psychological Science (ICPS), Brussels, Belgium.

Reed, N. T.\*, Lench, H. C., George, T., & **Kaiser, K. A.** (March 2022). *Anger has benefits for overcoming obstacles to attain goals*. [Poster presentation] Society for Affective Science (SAS) Annual Conference, Virtual.

Dang, V., Lench, H. C., **Kaiser, K. A.**, Levine, L. J., Stark, C., Carlson, S. J., ... & Lagattuta, K.H. (2020). *The doors of perception: How motivation and cognition shape predictions about future emotions*. [Symposium presentation] Association for Psychological Science Conference, Chicago, IL. (Conference cancelled due to COVID-19)

## AWARDS

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**National Science Foundation** Graduate Research Fellowship (\$159,000 over three years) 2024 – 2027

**Chahta Foundation** Doctoral Scholarship (\$10,000) 2024 – 2025

## RESEARCH EXPERIENCE

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**Clinical Research Coordinator**, Center for Retina and Brain November 2021-August 2024  
University of Rochester Medical Center, Rochester, NY  
Supervisor: Steven M. Silverstein

- Manages IRB processes including initial study submission, protocol modification, and continuing review
- Coordinates research studies related to visual function patients with schizophrenia and other serious mental illnesses
- Conducts clinical interviews (SCID-5, MINI, PANSS, BNSS) and cognitive assessments (MCCB, RBANS)
- Collects data using visual evoked potentials (VEP), optical coherence tomography (OCT), electroretinography (ERG), and fundus photography

**Laboratory Manager**, Emotion Science Lab September 2019 - July 2021  
Texas A&M University, College Station, TX  
Supervisor: Heather C. Lench

- Recruited, trained, and managed a team of 12-15 undergraduate research assistants each semester
- Assisted with study protocol design, grant writing, and manuscript preparation
- Implemented experimental tasks through the scientific applications PsychoPy and Matlab
- Resolved discrepancies, cleaning, and analyzing quantitative data for studies, including a National Science Foundation funded study on outcome satisfaction throughout the medical residency match process
- Developed coding schemes for thematic analysis of qualitative data
- Lead weekly lab meetings where our team of undergraduate and graduate students discussed psychological methods, emerging research, and professional development

**Clinical Data Specialist**, Center for Depression Research July 2016 – June 2017  
UT Southwestern Medical Center, Dallas, TX  
Supervisor: Madhukar Trivedi

- Served in a dual role as a clinical coordinator, implementing use of application-based screening and treatment tool for depressive disorders, and as a data specialist, collecting and maintaining data for a national

network of mood disorder research centers

- Directed research with clinical and non-clinical populations, including Dallas 2K Study, a study examining long-term antidepressant treatment responses in 2,000 patients with major depressive disorder
- Conducted eligibility screenings and clinical interviews for potential study enrollees.
- Led interactive mental health education sessions for the Risk and Resilience Network, an initiative for improving mental health outcomes for at-risk student

**Undergraduate Research Assistant**, Newlywed Lab  
Southern Methodist University, Dallas, TX  
Supervisor: Andrea L. Meltzer

August 2013 – May 2014

- Recruited newlywed couples from public records for a longitudinal study investigating changes over the early years of marriage
- Administered qualitative and physiological measures to participants during research sessions
- Coded questionnaire responses and behavioral data from session recordings

## **TRAININGS AND CERTIFICATIONS**

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Certificate in Inclusive Teaching for Equitable Learning <i>Association of College and University Educators</i>	2024
Structured Interview for Psychosis-Risk Syndromes (SIPS) Certified Assessor <i>University of Rochester Medical Center</i>	2022